

Natalie Manor & Associates

Your Roadmap to Extraordinary Success

Professional Speaking ~ Executive Coaching ~ Business Consulting



Are You Aware of Who You Are and What You Are Doing To Become Successful?

Are you aware of your life? When it comes right down to the question of whether you truly know yourself or your true feelings towards life, can you answer the following questions truthfully? If not, you should really take some time to look deep into yourself to find these answers. Why? Because once you can determine what is truly important to you, you will be open to a world of opportunities for extraordinary success.

Questions to ask yourself to help you become aware of your life and values:

1. Do you know your wishes and desires and what you want in your life?
2. What are your strengths and your weaknesses?
3. What makes you happy?
4. If you could make changes in your life, what would those changes be?
5. What motivations do you need to make these changes?
6. What makes your heart happy?
7. What makes your eyes smile? (Anyone can put a smile on the face, but they can't make their eyes smile unless they are truly content.)
8. What have you achieved so far in your life?
9. What stops you from pursuing your dreams and accomplishing your goals?
10. Are you able to relate to others around you? If not, how can you change your attitude?
11. What changes do you need to make to improve your health?
12. What are your beliefs and values? Are you living by these values? Why or why not?



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Questions to ask yourself to help you become aware of

your life and values (continued):

13. Do you value yourself?
14. Are you aware of the resources available to you – people, books, philosophy, coaching for success and self-help content?
15. Are you surviving, or thriving each day?

Being aware of your wishes and desires and what you want out of life, will lead you in the direction for success. You will be able to put your focus on pursuing these goals and dreams and set aside those undesirable goals that are not productive for your success.

Being aware of your strengths and weaknesses will help you decide what assets you have to help you to accomplish your goals and dreams, and what weaknesses you will need to work on, or eliminate from your plan to success.

Being aware of what motivates you is imperative to your journey for a successful life. With motivation comes change. With change comes success.

Being aware of your values and beliefs, you will be able to choose whether you wish to follow your childhood values or to choose to follow different values. It will depend on your childhood. The fact is you have a choice. No one can make this choice for you. Take control of your life and your happiness.

Being aware of your health will inspire you to eat healthier, get more sleep and incorporate exercise into your daily routine. Your health is important to your productivity in daily life. Your productivity in your daily life is important to your future success.

Being aware of all the resources available to you such as the people you know, your past experiences and the time and money you can spare, will offer you endless opportunities for personal growth and professional success!



Awareness of your life will help you to become a happier, more successful person. Get to know who you are, and what makes you happy. Once you are aware of who you are and what makes you truly happy, your life will automatically follow the roadmap to success!

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